



# ART & ACTIVITY GUIDE



*WEEK 1 – ALL ABOUT ME*

**SAMPLE**



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# HI THERE TEACHERS, STAFF, AND EDUCATORS!

In this Guide, you will find 15 activities to use within your week's theme of **"All About Me"**. The activities are geared for children ages 2-5 with adaptations for both younger and older children.

This guide is divided between Themed Activities, Little Chef 🍴 (a food art connected to the theme), a Jewish Themed Art 🏠, Science and Sensory, 🧪 and other activities to use if you have extra time to fill. (Use our sample schedule to help you build your own!)

The first page will include a general weekly supply list- to make it easy for you to have a shopping list all in one place. Within each activity will be a specific supply list as well.

For the Circle Time content, and songs related to the theme, refer to the accompanying **"Circle Time Guide"**.

*This booklet is formatted to enable double-sided printing.*

Enjoy!  
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**SAMPLE**

# SUPPLY LIST FOR THIS WEEK

Note: These are mostly Amazon links just so you can see what the product is and buy more conveniently. The items marked as “optional” enhance the art or activity it is designated for, but is not totally necessary.

Click [Here](#) for the Amazon storefront to see the supplies organized by week. If an item is not on Amazon, it will be underlined and linked with that specific item below.

Where it says “Printouts”, refer to the accompanying **“Printout Files”**.

*Suggestion - buy supplies in advance and have an organized closet or shelf in your preschool that is labeled specifically for camp supplies. You can have your general supplies in their regular spots, but this way if staff are looking for a specific item (ie. the mirror paper) they can know it will be found in that closet/shelf.*

## SUPPLIES:

- ☐ Mirror Paper
- ☐ Small paper plates
- ☐ Tongue Depressors (Large Popsicle Sticks)
- ☐ Stickers
- ☐ Regular-sized Popsicle Sticks
- ☐ Elastic String
- ☐ Letter Beads
- ☐ Colored Beads
- ☐ Glitter Cardstock Sheets
- ☐ Adhesive Magnet Roll
- ☐ Star Stickers
- ☐ Rhinestone Stickers
- ☐ Sandwich & Gallon Sized Ziploc Bags
- ☐ Borax
- ☐ Pipe Cleaners
- ☐ Chalk
- ☐ Shaving Cream
- ☐ Muffin Tin (*optional*)
- ☐ Dot/Bingo Markers
- ☐ Yarn

## GENERAL SUPPLIES

(NEEDED FOR THIS WEEK BUT PERHAPS ALREADY HAVE)

- ☐ Construction Paper
- ☐ Regular White Paper
- ☐ Washable Paint
- ☐ Paintbrushes
- ☐ Pens
- ☐ Markers
- ☐ Scissors
- ☐ White Liquid Glue
- ☐ Measuring Cups and Spoons (*Optional*)

- ☐ Bowls and Spoons
- ☐ Crayons
- ☐ Masking/Painter's Tape
- ☐ Portable Speaker for Music
- ☐ Avery 5160 Labels

## PRINTOUTS

- ☐ All About Me Sheet
- ☐ "Thank you Hashem for Making Me!" Label, printed on the Avery 5160 template
- ☐ Star Shape Template
- ☐ "I am Hashem's Shining Star!" Label, printed on the Avery 5160 template
- ☐ Shining Star Photo Template
- ☐ DIY Puff Paint Outlines
- ☐ Shabbat Dot-Art

## FOOD

- ☐ Round Rice Cakes
- ☐ Nut-Free Butter
- ☐ Cut-up Fruits and Veggies such as blueberries, apples, strawberries, or watermelon
- ☐ Pretzel Sticks
- ☐ Corn Starch
- ☐ Whole Milk
- ☐ Kosher Salt
- ☐ Vanilla Extract
- ☐ Sprinkles
- ☐ Food Coloring
- ☐ Sugar
- ☐ Ice
- ☐ Cheerios
- ☐ Assorted Beans

# THEMED ACTIVITIES

*WEEK 1 – ALL ABOUT ME*

# MIRROR CRAFT

MAKE A FUN MIRROR WITH A QUOTE ABOUT ME!



## SUPPLIES

- ☒ Small Paper Plates
- ☒ Mirror Paper
- ☒ Tongue Depressor (Jumbo popsicle stick)
- ☒ "Thank you Hashem for making me!" (See "Printables")
- ☒ Stickers and/or crayons/ markers to decorate

## INSTRUCTIONS

- 1) Take the paper plate, and cut the "mirror paper" in a circle to paste on the inside of the plate. (Don't fill the whole plate with the mirror paper; leave some space around to decorate.)
- 2) Paste on a jumbo popsicle stick (tongue depressor) to use as a holder.
- 3) Paste on the quote- "Thank you Hashem for making me!" (Or skip this step all together and just write it)
- 4) Decorate with stickers, rhinestones, markers, and crayons!



# CHECKOUT ALL 8 WEEKS!



**Week One- All About Me!**



**Week Two- Jewish Kings!  
King David and King Shlomo**



**Week Three- Wonders of Hashem!**



**Week Four- Visiting Israel!**



**Week Five- STEAM!**



**Week Six- Experiments &  
Jewish Heroes!**



**Week Seven- Brachot!**



**Week Eight- Jewish Holidays!**





# CIRCLE TIME GUIDE



*WEEK 1 – ALL ABOUT ME!*

**SAMPLE**

# HI THERE TEACHERS, STAFF, AND EDUCATORS!

In this Circle Time Guide, you will find content to use every day of the week for your weekly theme of “All About Me”.

A big thank you to Chevy Bernstein for creating this Circle Time curriculum. For all curriculum needs, Chevy can be reached at chevymunitz7@gmail.com.

*This booklet is formatted to enable double-sided printing. Enjoy!*

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The Camp Corner  
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Suggested Davening Content- My First Sing Along Siddur  
Click Here for a curated playlist of songs suggested for this week.



# TUESDAY

WEEK 1 - ALL ABOUT ME

**Supplies:** Ball or beanbag, Dry-erase markers and white board



## Overview of Learning:

Discuss how Hashem created us. We are all special and different. We are not just who we look like on the outside, but what is most important is who we are on the inside. Ask the children for different ways that we can be beautiful on the inside (give to others, play with friends, choose nice words, be patient etc.). Every Jewish person has a Neshama (a spark of Hashem) that connects us to each other. Our Neshama gives us life!



## Activity:

1. Pass around the small ball or beanbag to each child and give them a turn to say something about themselves (choose a topic- favorite color, animal, or activity).
2. Extra for age 3+ : Draw a graph of different things like blue eyes, brown eyes, long hair, short hair, and have each child come up and choose which they have on the graph.



## Song:

(Tune: Where is Thumbkin?)

I am special, I am special, look at me and you'll see Someone very special, very, very special,  
That is me. YES IT'S ME!!

Here are my fingers and here are my toes Here are my ears and here is my nose.

Here are my eyes that open wide,

Here is my mouth with my white teeth inside. Here is my tongue that helps me speak,

Here are my shoulders and here are my cheeks Here are my hands that help me to play,

And here are my feet that go walking each day.

Thank you Hashem for Making Me!

Morah Music- Click [Here](#)

## WHAT OTHERS ARE SAYING:

*The Camp Corner Preschool Curriculum is a comprehensive and complete program designed to take the work out of planning for preschool camp directors. It is clear and concise, and includes all of the details, including complete craft ideas, games, printables, and circle time information. It is user friendly and has links to all resources. Camp directors, rejoice! This curriculum is transformative!*

*-Mrs. Baily Kahan,  
Camp Director, Cherry Hill, NJ*

*Mushka's preschool curriculum is very well done and super comprehensive! It will really simplify the planning for any preschool camp program!*

*-Mrs. Devorah Bush,  
Camp Director, Petaluma, CA*

*This curriculum is a perfect fit if you're looking to take some tasks off your summer planning plate. It essentially takes the place of an entire person! Every week has its own unique theme, which is presented in a clear and understandable way for preschool children. Each week comes with numerous activities, all connected to the theme, as well as comprehensive shopping lists to help you out even more. The curriculum also includes a complete circle time guide. Every single detail has been thoughtfully considered, including clickable links to all the songs (in case it's been a while and you need a refresher)! Each day has discussion points or a story to share with the kids. The curriculum also incorporates interactive elements to keep the kids engaged and excited about learning Judaism. I highly recommend this curriculum, as it will undoubtedly add tremendous value to your camp while significantly simplifying your camp prep.*

*-Mrs. Goldy Kalmenson, Camp Director, Mason OH*



# THE CAMP CORNER

Preschool Division